

SCHOOLS WANTED

for National EEF Research
on Adventure Learning



Take part in a groundbreaking trial on character development, behaviour and attainment for Year 9 pupils.

This national research trial is recruiting **66 secondary schools across England** to explore how adventure learning can positively influence **behaviour, engagement and long-term academic outcomes**.

Commando Joe's has been selected as the **official delivery partner**, delivering structured, mission-based learning proven to build resilience, confidence and teamwork.

INSPIRE TO ACHIEVE

Adventure Learning

A research-informed secondary programme supported by the EEF and the University of York.



24 weeks of instructor-led sessions
Delivered consistently by trained
Commando Joe's instructors.



Active, team-based engagement
Missions designed to improve
focus and collaboration.



Behaviour-strengthening routines
Structure that improves
self-regulation.



Builds key skills for GCSE success
Resilience, confidence,
independence and character.

**NOW
RECRUITING**

- 66 secondary schools
- 24 pupils per school
- Year 9 cohort
- Minimum 24% FSM required

Why schools choose Inspire to Achieve

- ▶ **Improves engagement and focus**
Practical missions that increase attention, participation and task focus.
- ▶ **Strengthens behaviour, belonging and aspiration**
Clear routines that reduce low-level disruption and boost school connection.
- ▶ **Builds resilience, confidence and teamwork**
Structured challenges that strengthen perseverance, communication and emotional regulation.
- ▶ **Supports Ofsted priorities**
Directly aligned to Personal Development and Behaviour & Attitudes frameworks.

Why Year 9 needs something different

Challenges commonly seen in Year 9:

- ▶ **A dip in engagement** between KS3 and GCSE transition
- ▶ **Limited opportunities** for practical, character-based learning
- ▶ **Increased behaviour** issues linked to emotional regulation
- ▶ **Pressure from GCSE decisions** and rising academic expectations
- ▶ **Reduced** resilience, focus and self-management
- ▶ **Need for predictable routines** that reinforce positive
- ▶ **Decline** in belonging, motivation and aspiration

Evidence-based, expert-led

Developed with support from the **Education Endowment Foundation (EEF)** and the **University of York**, Inspire to Achieve aligns with research-driven guidance on behaviour, engagement and targeted pastoral support. The programme provides a **structured, measurable intervention** that supports schools' strategic improvement priorities.

What our schools say

“ Our Year 9 pupils showed noticeable improvements in focus, resilience and teamwork within the first few weeks. ”

Inspire to Achieve responds directly to these challenges with a structured, motivating, hands-on programme built to re-engage learners.

GET INVOLVED

To explore Inspire to Achieve for your Year 9 cohort,
book a short call with our regional team.

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SCAN TO
REGISTER
INTEREST

