



**PLANNING PROFESSIONAL DEVELOPMENT**

Considering a balanced design—*Worksheet*

This resource supports the ‘*Effective Professional Development’* guidance report.

D. EMBED PRACTICE

*How can we provide useful prompts and cues that helpfully nudge teachers?   
How can we prompt productive action planning?   
How can we encourage self-monitoring?   
How can we prompt context-specific repetition to embed practices?*

C. DEVELOP TEACHING TECHNIQUES

*How can we best instruct teachers on how to perform a specific teaching technique?*

*What practical support needs to be offered (e.g. coaching)?*

*How can we offer models of the teaching technique and purposeful feedback on practice?*

*Are there opportunities to rehearse the teaching technique?*

B. MOTIVATE STAFF

*How can we encourage teachers to set and agree on goals?*

*How can we ensure information is from a credible source?*

*How can we offer affirmation and reinforcement after progress?*

A. BUILD KNOWLEDGE

*How can we effectively manage the cognitive load of teachers?   
How can we revisit prior learning to embed understanding?*